



School-Based Behavioral Healthcare in a Mid-Pandemic World:

A Program to Strengthen Capacity to Meet the Needs of Students & Families

Kickoff for Cohort 1

February 14, 2022

Funder Acknowledgement

This 2-year program to strengthen the capacity of school-based health centers to deliver behavioral health care to the students of New York State would not be possible without the support of the New York Community Trust and the New York State Health Foundation. The New York School-Based Health Foundation is deeply grateful to these two funders for their understanding of the importance of this work, their vision and their trust in us.



Agenda

- Speaker Introductions
- Program Overview
- Program Components
- Cohort 1 Introductions
- Survey Results
- Thoughts on Program Content
- Next Steps
- Questions



Today's Speakers



Scott Bloom

- 31 years in the mental health field working with children and families.
- Created opportunities for children and youth to overcome emotional and behavioral barriers to academic achievement, multiple community agencies.
- Founding Director of School Mental Health Services for the New York City Department of Education for the last 15 years
- Serves on advisory boards for cities, state, and national mental health initiatives around the country.



Lisa Perry

- Principal at Morningside Health Strategies since 2019, with engagements focused on technology- and data-enabled innovation in patient care and operations, performance improvement & financial sustainability.
- Previously served as Sr. Vice President, Quality & Technology at the Community Health Care Association of New York State (CHCANYS).
- Currently managing several grant-funded programs for the NYSBHF.
- Board Officer and Chair, Quality Improvement Committee at Ryan Chelsea-Clinton, a NYC FQHC.



Program Overview

- A 2-year program funded by the New York Community Trust and The New York State Health Foundation, serving 10 Sponsoring Organizations (SOs) each year
 - Grant year runs for entire calendar year, e.g., January – December 2022
- Goal: to enhance the capacity of the New York State's School-Based Health Centers (SBHCs) to respond to the increase in students' behavioral health needs resulting from the COVID-19 pandemic.



Program Components

- 10 hours of customized, individual technical assistance for each SO from our Subject Matter Expert (SME) to address your priority issues
- 3 educational webinars on topics of shared interest, to include best practices and peer sharing
- Web-based Resource Library
- Start-up stipend for an improvement project designed by each SO in consultation with program
- Reporting on quantifiable outcomes
- Session at NYSBHA annual conference



Cohort 1 Introductions

- **10 SOs operating 67 school-based health center sites:**
 - 36 in NYC
 - 7 in Buffalo
 - 2 in Rochester
 - 19 in Central NY
 - 3 on Long Island
- **Speed Round - 2 minutes each:**
 - Your organization
 - Your BH program strengths & weaknesses
 - What are you thinking of for an improvement project?



What did the survey tell us?

Average score, by dimension, out of maximum possible score of 4.0:

Dimension	Average Score
1. Operations	3.96
2. Stakeholder Involvement	3.50
3. Staff & Training	3.88
4. Identification, Referral & Assessment	3.73
5. Service Delivery	3.34
6. School Coordination & Collaboration	3.56
7. Community Coordination & Collaboration	3.19
8. Quality Assessment & Improvement	2.95



What were the lowest scoring indicators?

- Dimension 2: Stakeholder Involvement
 - Mental health activities and services have been developed with input from students, school leaders, school staff, families and other community members. (3.21)
- Dimension 3: Staff & Training
 - Current Mental health staffing patterns are sufficient to cover the mental health needs of your schools as indicated by referrals. (2.93)
- Dimension 5: Service Delivery
 - A range of activities and services, including school-wide mental health promotion, prevention, early intervention and treatment services are provided for youth in general. (2.79)
 - Mental health activities and services are designed to meet the needs of culturally and linguistically diverse groups. (3.14)



What were the lowest scoring indicators? (cont'd)

- **Dimension 6: School Coordination & Collaboration**
 - Mental health staff provides consultation services to teachers, administrators and other school staff. (3.21)
- **Dimension 7: Community Coordination & Collaboration**
 - A regularly updated directory or electronic resources are maintained to assist students and families in connecting to relevant health, mental health, substance abuse, academic and other programs or resources in the school and the community. (2.79)
- **Dimension 8: Quality Assessment & Improvement**
 - Guidance is received on mental health programming from stakeholders including youth, families, school staff, and community leaders who are diverse in terms of race/ethnicity and personal/cultural background. (2.71)
 - Meetings are held at least 3 times per year with school administration, to discuss program feedback, planning & improvements. (3.07)
 - Findings from the standing meetings with school administration are used to continuously improve services. (3.07)





Three-Tiered School Mental Health Framework



Immediate Next Step: Required Documents

1. MOA

Memorandum of Understanding between:
 _____ &
the New York School-Based Health Foundation
Regarding Participation in the CY 2022
Program to Strengthen Behavioral Health Capacity in
New York's School-Based Health Centers

_____ is a Sponsoring Organization with _____ School-Based Health Center (SBHC) sites.

As a condition of participation in the Program to Strengthen Behavioral Health Capacity in New York's School-Based Health Centers, _____ pledges to participate in individual and group activities offered under this project, which include:

- Designing a behavioral health improvement project in consultation with the NYSBHF program's subject matter expert (SME).
- Preparing a budget re: how \$5,000 in grant funds will be spent to implement the improvement project (Required form will be provided).
- Preparing a workplan of tasks to be performed and estimated completion dates for each. (Required form will be provided).
- Attending
 - 3 webinars, expected to be a mix of expert training and peer sharing of lessons learned
 - A program session to be offered at the NYSBHA annual conference
- Co-designing and participating in 5-10 hours of individualized technical assistance with an expert consultant/trainer
- Initiating budgeted and approved grant-funded activities by March 1, 2022 and completing them no later than August 31, 2022. The program year is 12-months, from January – December 2022.
- Documenting expenditures by September 30, 2022.
- Reporting on impact, via survey, including baseline & year-end key performance indicators to be determined in consultation with the SME

Below is a brief narrative description of our planned project and spending of the \$5,000 available through this funding opportunity, including number of SBHC sites and students to be covered through our improvement project.

2. Workplan

Timeline	Activity	Description
Q1 2022		
March	<ol style="list-style-type: none"> 1. <i>Have initial call with Project Subject Matter Expert (SME)</i> 2. <i>Begin improvement project activities & expenditures</i> 3. <i>Attend program webinar #1 on March 17, 3pm</i> 	
Q2 2022		
April	<ol style="list-style-type: none"> 1. <i>Continue individual TA with SME</i> 2. <i>Continue project work</i> 3. <i>Attend Program webinar #2 on April 14, 3pm</i> 	
May	<ol style="list-style-type: none"> 1. <i>Continue individual TA with SME</i> 2. <i>Continue project work</i> 	
June	<ol style="list-style-type: none"> 1. <i>Continue individual TA with SME</i> 2. <i>Continue project work</i> 	
Q3 2022		
July	<ol style="list-style-type: none"> 1. <i>Continue individual TA with SME</i> 2. <i>Continue project work</i> 3. <i>Begin to collect proof of purchase documentation for reimbursement from grant</i> 	



Required Documents (cont'd.)

3. Budget

**NYSBH Foundation Program to Strengthen
Capacity in New York's SBHCs**

**Behavioral Health
MOU Budget**

Submission (Calendar Year 2022)

Sponsoring Organization:

Prepared by:

Contact information (cell & email):

EXPENSES	Note #: Please provide detailed explanation in the Notes table, below.	BUDGET	
		NYSBH Foundation Funding	Other Sources
<i>Item</i>			
Equipment	1		
Software	2		
Software Vendor Training	3		
Outreach / Marketing	4		
Occupancy	5		
Printing & Copying	6		
Supplies	7		
Telephone/Fax/Internet	8		
Other (please specify)	9		
Total NYSBH Foundation		\$ -	
Total Other			\$ -
Total Expenses			\$ -



Activities to-date & Next Steps

Completed to-date:

- Survey of the field
- Selection of Year 1 participating SOs
- Identification of individual improvement projects by SOs
- Today's Cohort 1 Kickoff

Next Steps:

- February:
 - Completion of MOUs, improvement workplans & budgets
 - Start of individualized TA; further development of improvement project plans
- March:
 - Start of project work; expected completion by August 31
 - Distribution of contact list
- June: Mid-point check-in
- Collaborative Meetings – TBD
- Webinars:
 - 3:00-4:00pm
 - 3/17, 4/14, 10/6
 - Topics TBD



We are seeking:

- Volunteers to sit on a small program Advisory Group.
 - To-date: Julie Blitzer (NY Presbyterian); Nichole Butler (University of Rochester, School of Nursing)
- A CME expert to help us with authorization of continuing education credits for our program webinars

If you can help, please email Lisa at:

lisa.perry@morningsidehealthstrategies.com



Questions



- Scott Bloom, Subject Matter Expert
 - sbloomlcsw@gmail.com
- Lisa Perry, Program Manager
 - lisa.perry@morningsidehealthstrategies.com

